

## Helpful Hints

1. Use your Primary Care Provider (PCP) if possible.
2. It is important to keep your appointment. Call ahead if you can't keep your appointment.
3. Take snacks with you for young children in case you have to wait for your appointment.
4. Make a list of questions you may have for the doctor and bring it to your child's appointment.
5. Keep a record of your child's shots. You will need this record for schools, Head Start, sports, and child care programs. This is important.
6. Ask your nurse or doctor to explain if you don't understand the information they give to you.



# HEALTH CHECK

**Early and Periodic Screening,  
Diagnostic and Treatment (EPSDT)**



**Keeping Georgia's  
Children Healthy**



**Why?**

Good health is so important because it helps us get the most out of life.

Children need good eyesight to read and to see what's happening around them. They need strong healthy bodies to walk, run, and play. They need good hearing to enjoy music, talk with their friends and do well in school. They need dental care early so they can eat and digest food well.

Taking children for regular Health Checks (well child check-ups) with a doctor or nurse helps keep them healthy. Doctors and nurses can find and treat health problems before they become more serious. It's also important children get the shots they need to protect them from illnesses like measles, mumps and whooping cough.

**What?**

Health Check offers well child check-ups and medical care at no charge for PeachCare members under 19 and Medicaid members under 21.

Doctors and nurses will examine the child or teen and give shots against diseases when necessary. They also will ask questions about health problems and tell you what to do to stay healthy. They also tell you where to get other health care.

Health Check also offers dental care. Dentists clean teeth and explain how to care for them. They check for and repair cavities and other problems.

**When?**

It is important to get regular Health Checks.

Babies, children, and adolescents need Health Checks at different ages.

Age Group	Health Check Schedule
Infancy	Birth to 1 month
	Birth to 2 months
	2 to 4 months
	4 to 6 months
	6 to 9 months
	9 to 12 months
Early Childhood	12 to 15 months
	15 to 18 months
	18 months to 2 years
	2 to 3 years
	3 to 4 years
Late Childhood & Adolescence	4 to 5 years
	5 to 6 years
	6 to 8 years
	Every other year until age 21

**Where? How?**

Health Check is available in health departments, clinics, doctors' offices and in some schools. Ask for it.

We want to help you keep your children healthy and strong. Call 770-570-3373 (Local) or 866-211-0950 (Toll Free) if you need help:

- Finding the nearest health clinic, doctor, or dentist;
- Getting an appointment with a health center, doctor or dentist; or
- Arranging a ride to your appointment.

Also, check into WIC (Women, Infants, and Children Nutrition Program) to get healthy foods like milk, eggs, etc. Call 800-228-9173 for a location near you.

Health Check (EPSDT) is a preventive health care program for Medicaid and PeachCare members within the Department of Community Health.

Para información en Español, por favor llame, sin costo alguno, al 770-570-3373 o al 866-211-0950.

To get this brochure in Braille, call 800-934-9206 (Toll Free).

